



## **Flex Choice Program**

**Your Care. Your Choice.**

Shorter visits from our caring staff for assistance with a variety of daily living activities - you only pay for what you need.

### **1 Private Duty Care**



**Aide Visit**

### **2 Medication Management**



**Set-up and Monitoring**

**Get in Touch: 240-801-9818**

[info@altahealthcareservices.com](mailto:info@altahealthcareservices.com)

[www.altahcs.com](http://www.altahcs.com)

101 Lakeforest Blvd. Suite 250 Gaithersburg, MD 20877



# ALTA

## Healthcare Services

### 3 A la Carte Services

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- + Laundry
- + Medication reminder
- + Meal Prep
- + Light House Keeping

### 4 Behavioral Health Aide visit

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Dementia, Alzheimers, etc.

### 5 Skilled Nursing Visits by RN or LPN

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\* Ongoing Home Support, LPN/RNs available for medical services including wound care, medication administration, chronic disease management & more. *Please call for more information.*

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