



ALTA
Healthcare Services

TRANSITION TO HOME PROGRAM

Does your Patient or Love One.....

- Have multiple chronic diseases/conditions?
- Take many medications?
- See many doctors?
- Have repeated visits to the ER/Hospital?
- Prefer to be in the comfort of their own home?
- Have limited family and friends in the area or available to them 24/7?
- Have difficulty getting to doctors visits?

Older adults have a higher risk for dehydration, poor nutrition, weakness, and falls especially during the first 72-hours post discharge from hospital or rehab to home. For many adults, their health benefit isn't enough keep them home post - discharge. ALTA can help with that.

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Your patient or loved one can have a safe transition home with ALTA. Here is how.

- During home visits, the transitions coach will typically review all prescribed medications over the counter (O/C) medications and dietary supplements as well as prescribed dosages with clients.
- They will consult the patients' Personal Health record and ask the questions about medication adherence.
- The coach will also make recommendations regarding questions they should ask their physician at the next follow up visit
- Assure that a follow up visit to the patients PCP within the 7-14 day window
- Provide a companion/Home health Aide to be present for the first few days of discharge

Below was a list of packages provided by ALTA Healthcare Services

Package A | 3 Days
\$495 | 6 Hours daily CNA visits

Accompany to follow up doctors visit | Medication pickup | Grocery shopping | Light housekeeping | Laundry washing & folding

Package B | 3 Days
\$995 | 12 Hours CNA visits

**BEST
VALUE**

Package A, plus: | Medication Reminder | Nurse (RN) Visit: Medication Reconciliation and teaching (one visit)

Package C | 3 Days
\$1,995 | 24 Hours CNA visits

Package A and B, plus | Range of Motion Exercises

*Ongoing Home Support, LPN/RN, available for medical services including wound care, medication administration, chronic disease management and more. *

Call us 24/7

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